### LAKE DISTRICT ADDRESS BOOK

Photography by Keith Wood

The Lake District National Park was created in 1951, the biggest of England's National Parks and perhaps the most prized landscape in the country. Over its 885 square miles (2292 sq km) there are grand mountains, shimmering lakes, wooded valleys, rugged fells, heather moors, tumbling rivers, picturesque towns and villages and even a storm-tossed coast. The sheer variety of scenery as well as its magnificence makes the Lake District unique.

Master-photographer Keith Wood knows that to truly capture the essence of Lakeland you have to witness the drama of dawn and dusk, the sharpness of winter as well as the enchantment of summer. His intimate understanding of this landscape as well as the beauty of each scene is obvious again and again in the glorious images reproduced here.

Address books tend to be well used and have a long life. Along with important contact details, they keep track of the user's friends and acquaintances, tracing their lives over time and from place to place. And, if properly attended to, an address book eventually becomes a journal in itself, and an attractive and permanent keepsake. Whether bought as a gift or for personal use, this Lake District Address Book, with its superb pictorial reminders of the national park, will provide years of pleasure.

#### ABOUT THE PHOTOGRAHER

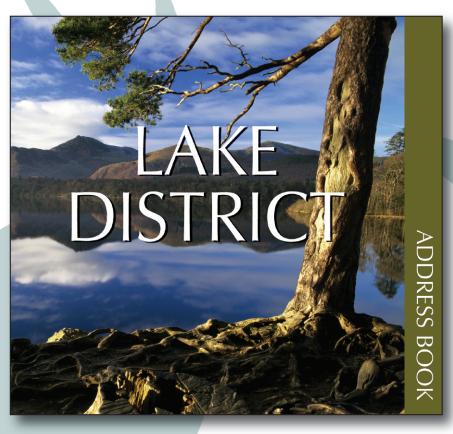
Keith Wood is an experienced and much published local photographer and writer who has lived in Penrith on the edge of the Lake District for over 12 years. His work has been published in all the local interest periodicals including Cumbria, Cumbria Life, and Lakeland Walker: Additionally his work has been regularly used by *Friends of the Lake District* to illustrate their publications and calendars. He is a contributor to the Britain on View photo library. He is the author of five books of Lake District Walks in Halsgrove's "Boot up" series.

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