

10 Leisure Walks of Discovery

A Boot Up BODMIN MOOR AND AROUND

Terry Faull

The Pixz Boot Up Series is fast becoming a phenomenon in local walks books that attract families and others to exploring the countryside in a leisurely way. It includes short walks for those living in or visiting popular areas of the country, written by those who know the area well. They provide a healthy hour or two of exercise, exploring parts of Britain's countryside that the casual visitor might otherwise miss, pointing out interesting features along the way. These are perfect walks for families.

Bodmin Moor can appear bleak and barren and travellers who cross it along the central A30 main road might think that there is very little of interest or beauty to be found here. But they would be mistaken. The ten walks in this book are places around and about the Moor chosen to show that the scenery is as beautiful as anywhere in the West Country and that the area is steeped in history.

The 10 walks included are centred on:

- ROUGHTOR • CAMELFORD RIVERWALK •
- ADVENT • ST BREWARD • BOWITHICK •
- ALTARNUN • POLYPHANT AND TREWEN •
- WARLEGGAN • CARDINHAM •
- NORTH HILL •

ABOUT THE AUTHOR

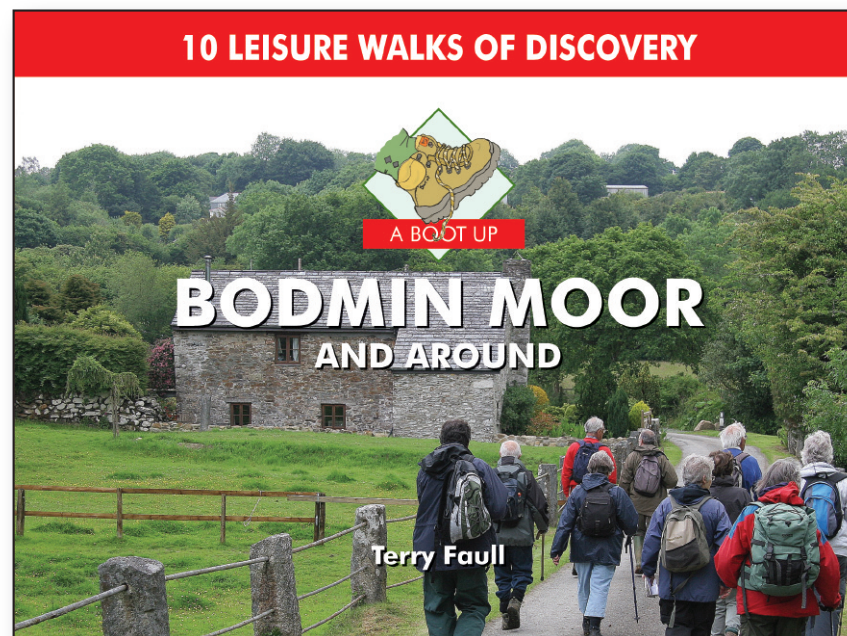
Terry Faull is a seasoned and enthusiastic walker; being involved with walking organisations and advisory bodies linked to a number of local and county authorities. As a landscape historian he has researched and investigated the origins of the Christians, in what is now Devon and Cornwall, for many years, and his book *Secrets of the Hidden Source* covers the history of many of the Holy Wells in Devon. He is also author of *A Boot Up North Cornwall's Sites of Magic and Mystery* in this series.

HALSGROVE CATALOGUE

The full Halsgrove catalogue is available free or visit www.halsgrove.com for regional and category listings of available titles.

Halsgrove Publishing
Halsgrove House,
Ryelands Business Park,
Bagley Road, Wellington,
Somerset TA21 9PZ
Tel: 01823 653777
Fax: 01823 216796
www.halsgrove.com
e-mail: sales@halsgrove.com

HALSGROVE TITLE INFORMATION



Format: Hardback with full colour cover, 64pp, 110x155mm, illustrated with colour photographs and sketch maps.
Price: £4.99
ISBN: 978 0 85710 001 6
Imprint: PiXZ Books
Published: June 2011



Great Books from your Local Bookseller

A BOOT UP BODMIN MOOR & AROUND



Medieval packhorse bridge, Altarnun



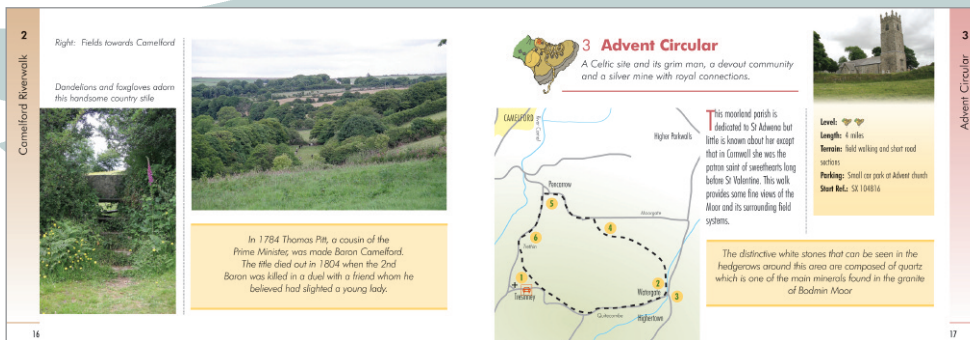
Moorland cross roads near Wareleggan



Altarnun church, known as the Cathedral of the Moor



Bray Down



Example of a double-page spread.



North Hill from Hawk's Tor