## A BOOT UP

# THE EASTERN PEAK

## Roger Redfern

This handy, hardback pocket guide to the mainly gritstone eastern fringes of the Peak District National Park makes a grand companion for anyone interested in exploring the area on foot. The ten routes described range in length from a modest 3.25 miles (6 kms) to 8.5 miles (13.5 kms) and simple maps help to locate them when referring to the suggested Ordnance Survey map.

Plenty of captioned colour photographs by the author give a flavour of each route and panels give additional interesting detail about geographical features and historical associations.

The routes cover a broad canvas and are ideal for families and groups of friends, from the wild moorlands around Langsett, Back Tor and Derwent Edge to the wooded confines of Ewden Dale; the reservoirs in delightful Bradfield Dale; crossing the River Derwent and exploring parts of the Eastern Edges. The ten walks are: Langsett and the Porter-Valley; The Best of Ewden Dale; On Foot in Bradfield Dale; Wyming Brook and Redmires; Along the Duke of Norfolk's Road; Back Tor and the Delights of Derwent Edge; Double Crossing of the River Derwent; The Steep Way to Stanage; Along Two Eastern Edges; On the Edge of the Moors.

Halsgrove's new-format guidebook will ensure a great walking experience and is an ideal reminder of a visit to the Peak District.

### **ABOUT THE AUTHOR**

The celebrated mountaineer and photojournalist Roger Redfern is author of forty books and his articles have appeared in publications that range from Country Life, The Lady and Woman's World to TGO, High and the Dalesman. He has written a regular piece for the Guardian's Country Diary for almost thirty years.

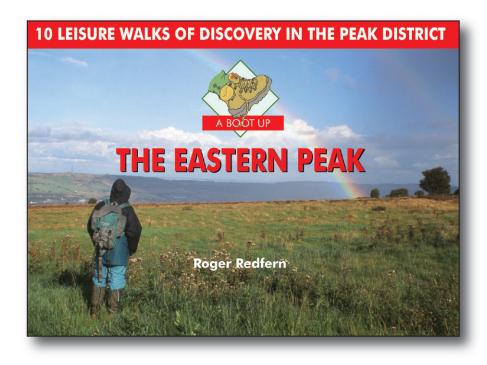
He has travelled widely – from Belarus and Ukraine to Cuba, Brazil and Argentina; from central Africa to the European Alps which he knows intimately. He lives in the heart of the Peak District

#### **HALSGROVE CATALOGUE**

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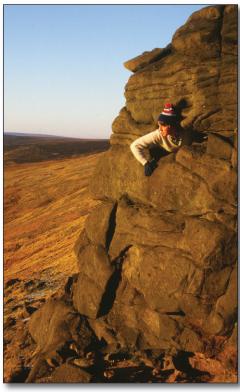
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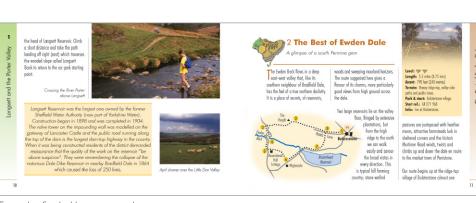
Pike Low summit at the head of Ewden Dale



The Salt Cellar, Derwent Edge



Wilfrey's Nield on Wilfrey Edge north of Derwent Edge



Example of a double-page spread.



Dale Dike Reservoir, Bradfield Dale



Looking up Abbey Brook, late summer