

10 Leisure Walks of Discovery in the Peak District

A Boot Up

THE WESTERN PEAK

Roger Redfern

This handy, hardback pocket guide to the western margins of the Peak District National Park makes a great companion for anyone intending to explore the area on foot. The ten routes described range in length from a modest 2 miles (3.25 kms) to 10 miles (16 kms) and simple maps help to locate them when referring to the suggested Ordnance Survey map.

Plenty of captioned colour photographs by the author give a flavour of each route and panels give additional interesting detail about geographical features and historical associations.

The routes cover a broad canvas and are ideal for families and groups of friends, from high moorlands overlooking Greater Manchester in the north-west to the expansive parkland of Lyme Hall; the recesses of the Goyt Valley and sharp crest of Kerridge Hill; the magnificent viewpoints of Shutlingsloe and the Roaches; the secret corners of the Dane Valley and the southernmost tip of the National Park.

Halsgrove's new-format guidebook, will ensure a great walking experience and is an ideal reminder of a visit to the Peak District.

Ten Walks included are:

- Over Coombes Edge to Cown Edge Way •
- Hayfield and Lantern Pike • Around Lyme Park •
- In Goyt Valley • Kerridge Hill and the Macclesfield Canal •
- Over Shutlingsloe to Macclesfield Forest • Wincle and Danebridge • Exploring the Dane Valley • High on the Roaches • To the Southern Tip of the Peak National Park •

ABOUT THE AUTHOR

The celebrated mountaineer and photojournalist Roger Redfern is author of forty books and his articles have appeared in publications that range from *Country Life*, *The Lady* and *Woman's World* to *TGO*, *High* and the *Dalesman*. He has written a regular piece for the *Guardian's* Country Diary for almost thirty years.

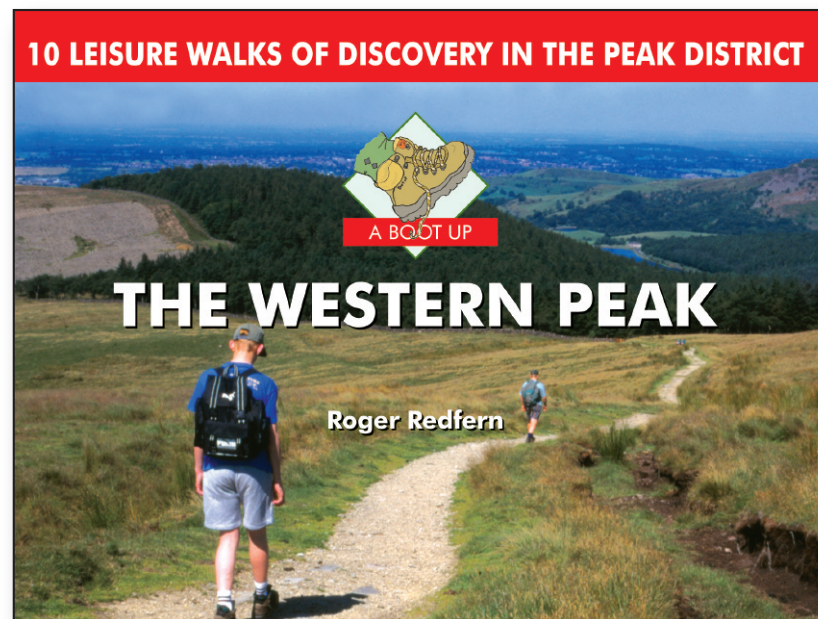
He has travelled widely – from Belarus and Ukraine to Cuba, Brazil and Argentina; from central Africa to the European Alps which he knows intimately. He lives in the heart of the Peak District.

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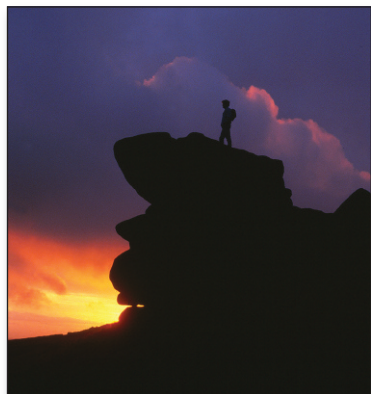
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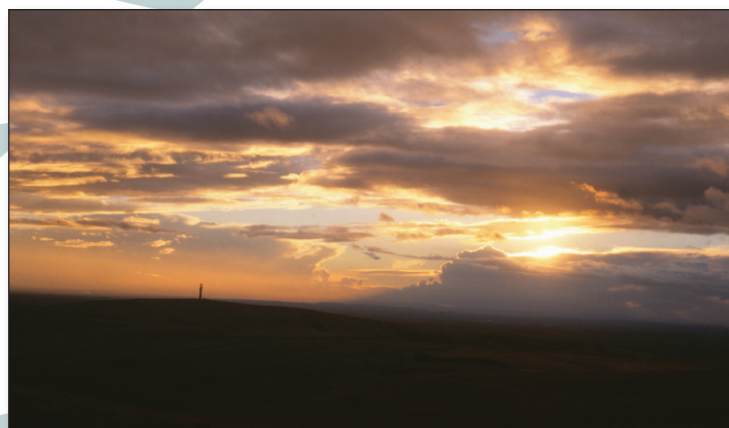
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Sundown on Kinder Scout



Autumn day in the Staffordshire Moorlands.



Right: Sundown over Sutton Common from Shutlingsloe.



High summer in the Dane Valley.



Climbing Shutlingsloe from Wildboarclough.



Example of a double-page spread.