

## Spirit of HIGHLAND CATTLE

Heidi M. Sands

The Highland cow is one of the most recognisable breeds of cattle in the world. Originating in the Highlands of Scotland, with a long shaggy coat capable of withstanding the rigours of a harsh winter, the breed is now exported all over the world. Its reddy-brown colour is unmistakable, but the breed's coat has a wide range of colours, from black through to brindle, yellow and dun. It also has huge characteristic horns that curve and sweep with a graceful appearance in the female, dominating in the bull of the species, giving a strong look, set on a grand head, broad between the eyes; for both sexes carry such headgear:

Once seen as the cow of choice for Highland crofters these cattle are intrinsic to their homeland, for not only are they able to winter out in temperatures as low as minus 20 degrees, they also eke out a life on some of the roughest terrain imaginable with minimal feeding. That's not to say they aren't commercially viable for their beef is some of the finest in the world.

With a shaggy forelock and fluffed up calf at its side the Highland cow endears itself to visitors from all over the world, drawn to its rugged beauty and captivated by its unmistakable look. With over 60 classic images and an elegant and informed text, in this pocket-sized hardback Heidi M. Sands truly captures the Spirit of Highland Cattle.



### ABOUT THE AUTHOR

For more than two decades **Heidi M. Sands** has lived and worked in the farming community of north east Scotland, writing and photographing her way through some of Britain's most stunning scenery. Currently contributing to several of Scotland's farming publications, Heidi has been privileged to photographically record Scotland's most recognisable native bovine breed in *The Spirit of Highland Cattle*.

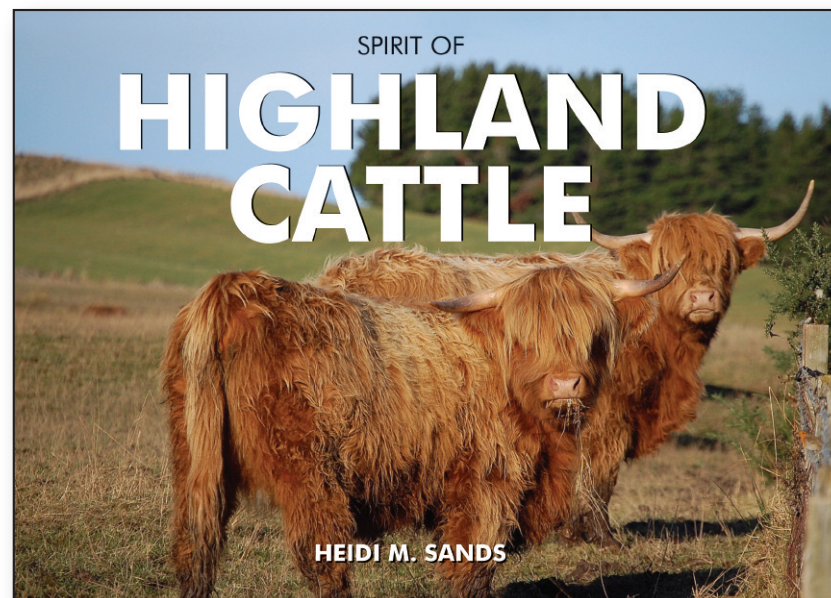
Born and brought up in the north west of England, Heidi studied art and design, including photography, at Lancashire's prestigious Blackpool and Fylde College and the former Preston Polytechnic. A lifelong countrywoman and award-winning writer this is her fifth title for Halsgrove.

### HALSGROVE CATALOGUE

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Halsgrove House,  
Ryelands Business Park,  
Bagley Road, Wellington,  
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## HALSGROVE TITLE INFORMATION



**Format:** Hardback with full colour cover, 64pp, 110x155mm, profusely illustrated with colour photographs  
**Price:** £4.99  
**ISBN:** 978 0 85710 054 2  
**Imprint:** PiXZ Books  
**Published:** July 2011



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# SPIRIT OF HIGHLAND CATTLE



An adorable face.



Out at grass.



Feeding from mum.



Youngsters of all ages are involved with the showing of Highland cattle.



Shaggy coats protect from the cold.



Example of a double-page spread.



A fine head.

Opposite page:  
Lined up for judging at the Royal Highland Show.



Cow with calf at foot being shown together.