

A BOOT UP DORSET'S JURASSIC COAST

REPRINT

Rodney Legg

Fed up with being lectured by your walking guide books? Are you bored with being treated like a head-down hiker from the 1950s? Then Halsgrove's 'Boot Up' series of walking guides is for you – simple, straightforward and modern and with all the important information: where to park, where to go, where to take the kids and where's the pub! Rodney Legg provides all the answers in ten walks, packed with colour photographs, along Dorset's unique World-Heritage Jurassic Coast

The ten circular walks, ranging from 5 to 8 miles, suit the needs of families, groups of friends or individuals looking for a gentle stroll or a longer walk, and reflect the many varied facets of the area – its people, its history, and its working landscape and will help first time visitors to experience some of the great scenery the area has to offer. Many of the walks feature a pub along the route. The walks centre on Lyme Regis; Golden Cap; Burton Bradstock; Abbotsbury; Portland; Ringstead; Lulworth; Tyneham; Worth Matravers and Studland.

Halsgrove's new-format guidebook, containing maps, photographs and useful information will ensure a great walking experience. Packed with colour, the book is an ideal reminder of a visit to the area.



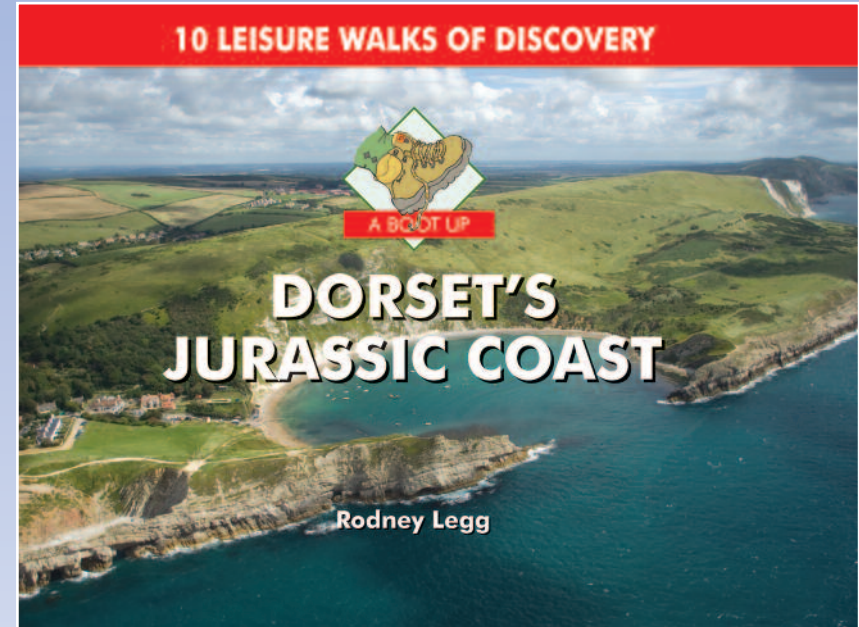
ABOUT THE AUTHOR

Rodney Legg was a prolific author and historian who published hundreds of country walks. Nationally he was active in the environmental movement having been chairman of the Open Spaces Society and was a member of the ruling council of the National Trust from 1990–2009.

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Durdle Door



Smugglers Inn



Above: Chesil Beach view

Left: Golden sand

Below: The Cobb at Lyme



Example of a double-page spread.

1 Lyme Regis

Defence of the coast

Durdle – in 250 metres. In another 50 metres we come to the cove and anchor beside Buck Point Inn, below Bull Cliff and Broad Street.

21 Continue straight ahead (SW) along **Marine Parade**. Climb up or the astonishing 18th-century landmark of stone-fronted **Lytney Cottage** in 200 metres. In a

Further 800 metres we pass the Royal Standard and then reach the road (S) leading to the **Cobb** in 150 metres. This provides an essential 250 metre diversion around its ancient causeways

22 Then we return to the Cobb Area, beside **Mormouth Beach** and turn left into **Three Tunnels (W)**. Turn right on the other side of the leading gate (W) in 250 metres. Walk up to a flight of steps

23 At the top of the steps we cross a stile into a field on **Ware Cliffs**. This is National Trust land. Turn to your right and then go through the gate. The next gate, on the left, returns us to the car-park in 400 metres.

The surroundings to Golden Cap Inn is a fine-wild landscape. Wild and eroded cliffs fringe an inland view that nestles uniquely pastoral with dense hedgerows which are more unique than you would have seen in Western times. Virtually the entire parish of **Stanton St Gabriel** and much of coastal **Sawton**, **Chilcock** and **Lyme** belongs to the **National Trust**. A neck-lane of seaside fields and fields comprise the 1,574-acre **Golden Cap Estate** which was acquired in stages between 1961 and 1994. There was an **Armedo-period signal station** on the eastern headland. **Thorncombe Beacon**, which was given to the nation by play-wright **Robert Cushman Sherrill** (1896-1975) whose bank works covered both world wars, from **‘Journey’s End’** to the film script for **‘The Dunes’**.

2 Golden Cap
A relatively demanding 6-mile circuit through cosmopolitan wild National Trust landscape

Level Length 6 miles
Terrain Variable, with some potential rocky paths, some a heritage grade to ‘hedge’.
Time 1.5-2 hours (including Golden Cap Inn) we had to walk. And so, as the track will reach the top, it also leads to descent. That will, however, be a gentle.
Peak & view In the north of the **SSS** on the top of **Chilcock Hill** in the **North Hill** between it and the short section of **West-ward** of **Marion** and **at the top of the section in 100 metres**, then high in 100 metres up the slope through **Langton** looks into the **National Trust** car-park in the **Golden Cap**.
Start at 10:00. **Parade** (14-18).
Public transport **Stanton** (1000-1000).
Website www.nationaltrust.org.uk
www.stanton-sssb.org.uk

2 Golden Cap