

WALKING THE WEST SUSSEX COAST

A Companion Guide

Philip Christian

This Companion Guide to the West Sussex coast has been written as an accompaniment to help you enjoy and understand the West Sussex coast whilst doing 20 carefully selected walks along the coast and in nearby towns and villages.

The book travels west to east and begins at Thorney Island, Chidham, Bosham and the Wittering's, which are all part of Chichester Harbour. It continues to Medmerry RSPB Nature Reserve which is the newest reserve in West Sussex. Selsey Bill is the southernmost point in West Sussex and along with Church Norton has historic links with Chichester. Pagham is a well-known nature reserve and is visited before continuing along the more traditional beach areas between Royal Bognor Regis and Brighton. Along the way there are inland detours to explore villages which have a connection with the West Sussex coast.

The circular walks have been designed so that you are walking along or around harbours, nature reserves or beaches as well as visiting some inland towns and villages that have a relationship to the coast.

The photographs now represent a snapshot in time showing how the West Sussex coast and local towns and villages look today. There is also information relating to the areas which includes some history and local trivia but which mainly concentrates on all that is best about the West Sussex coast to maximise your enjoyment.

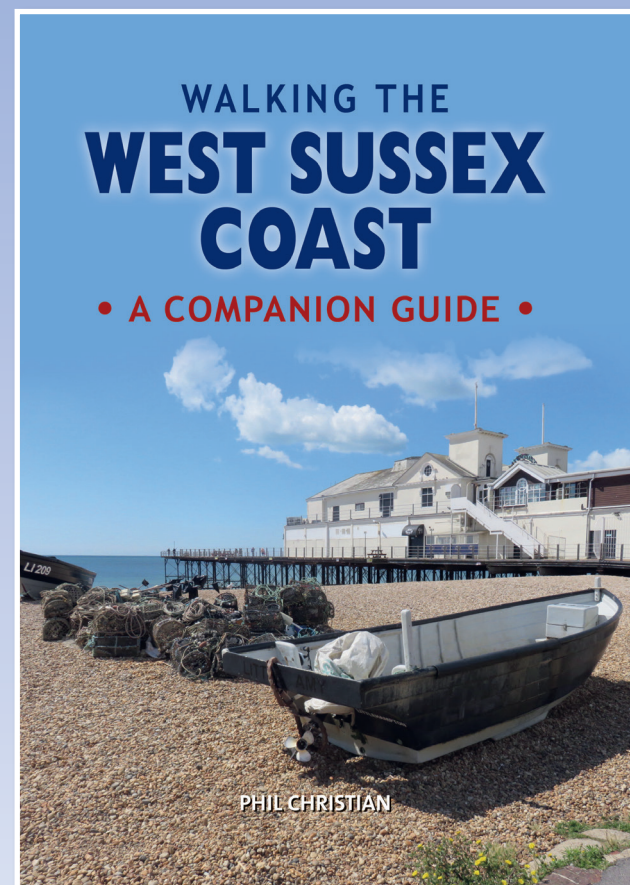
As just a keen amateur photographer, using a basic pocket-sized camera, the photos try to pick out as much detail as possible to highlight what is so often easily overlooked — like the humorous gargoyles on Chichester Cathedral or the carvings on Market Cross.

The walks differ in both length and difficulty but each one is described in an introductory paragraph, explaining the walk and what to expect — just don't forget your camera! Have fun and most importantly — stay safe.

ABOUT THE AUTHOR

Phil Christian is a Selsey author who has walked well over 4000 miles along the footpaths and coastal paths of southern England and the Isle of Wight for more than 20 years, and has taken thousands of photographs along the way. It began as a means of keeping fit and to fulfil his interest in photography but he then went on to write two other walk books for the Isle of Wight and West Sussex.

HALSGROVE TITLE INFORMATION



Format: *Hardback with full colour cover, 160pp, 148x210mm, profusely illustrated in colour*

Price: *£9.99*

ISBN: *978 0 85710 130 3*

Imprint: *PiXZ Books*

Published: *August 2021*



Halsgrove Publishing, Halsgrove House, Ryelands Business Park, Bagley Road,
Wellington, Somerset TA21 9PZ Tel: 01823 653777 Fax: 01823 216796
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